

Mess Hall Menu 24 – 30 November 2011

Thursday, 24 November 11

Breakfast

Fried eggs to order, omelets to order
Scramble eggs and hard cooked eggs
Western Scrambled Eggs
Oatmeal and cold cereals
Grilled Sausage Patties
Oven Fried Bacon
Potato and Herbs
Sausage Gravy w/ biscuits
French Toast / Waffles

Thanksgiving Dinner

Chicken Noodle Soup
Roast Beef
Roast Turkey
Baked Ham
Cornbread Dressing
Mashed potatoes
Peas with Mushrooms
Corn
Turkey Gravy
Dinner Rolls
Assorted Deserts

Friday, 25 November 11

Breakfast

Fried eggs to order, omelets to order
Scramble eggs and hard cooked eggs
Pasta Scrambler
Oatmeal and cold cereals
Oven Fried Bacon
Sausage Patties
Cottage Fried Potatoes
Creamed beef w/ biscuits
Pancakes / Waffles

Market Lunch & Dinner

Manhattan Clam Chowder

Lime Roasted Chicken
Shrimp Jambalaya
Oven Roasted Potatoes
Chicken gravy
Cilantro Rice
Cream Style Corn
Mixed Vegetables
Cheese Drop Biscuits
Blueberry Cobbler

Fusion Lunch and Dinner

Oriental Steak
Steamed Rice
Fried Rice
Peas
Chinese Egg Rolls
Assorted Pizzas

Saturday, 26 November 11

Breakfast Brunch

Navy Bean Soup
Italian Breakfast Pizza
Fried eggs to order, omelets to order
Scramble eggs and hard cooked eggs
Oatmeal and cold cereals
Grilled Ham Slices
Oven Fried Bacon
Cottage Fried Potatoes
Sausage Gravy w/ biscuits
French Toast / Waffles
Grilled Chicken Breast Sandwich
Cheeseburger / Hamburger / Hot Dog
French fries / Onion Rings / Baked Beans

Market Lunch and Dinner

Navy Bean Soup
Swiss Steak with brown Gravy
Mexican Turkey Pasta
Roasted Pepper Potatoes
French Fried Cauliflower
Green Beans
Cheese Drop Biscuits

Sunday, 27 November 11

Breakfast Brunch

Black Bean Veggie Chili
Fried eggs to order, Omelets to order
Scramble eggs and hard cooked eggs
Pasta Scrambler
Oatmeal and cold cereals
Sausage Patties
Oven Fried Bacon
Home Fried potatoes
Creamed Beef w/ biscuits
Grilled Chicken Breast Sandwich
Cheeseburgers / Hamburgers / Hot Dog
French Fries / Onion Rings / Baked Beans
French Toast / Waffles

Market Lunch and Dinner

Black Bean Veggie Chili
Roast Pork
Baked Salmon
Cilantro Rice
Mashed Potatoes
Broccoli Polonaise
Carrots
Brown Gravy
Dinner Rolls

Monday, 28 November 11

Breakfast

Fried eggs to order, omelets to order
Scramble eggs and hard cooked eggs
Oatmeal and cold cereals
Monterey Egg Bake
Oven Fried Bacon
Sausage patties
Home Fried Potatoes
Creamed Beef w/ biscuits
Pancakes / Waffles

Market Lunch & Dinner

Chicken and Rice Soup
Cuban Pork Loin
Turkey with Vegetable Primavera
Steamed Rice

Roasted Garlic Mashed Potatoes
Corn
Broccoli
Jalapeno Cornbread
Apple Cobbler

Fusion Lunch and Dinner

Sweet and Sour Pork
Steamed Rice
Lo Mein Noodles w/ Asian Sauce
Steamed Broccoli
Chinese Egg rolls
Assorted Pizzas

Tuesday, 29 November 11

Breakfast

Fried eggs to order, omelets to order
Scramble eggs and hard cooked eggs
Country Style Scrambled Eggs
Oatmeal and cold cereals
Oven Fried Bacon
Grilled Sausage Patties
O'Brien Potatoes
Sausage Gravy w/ biscuits
French Toast / Waffles

MARINE CORPS BIRTHDAY MEAL

Lunch
French Onion Soup
Shrimp Cocktail
Deviled eggs
Grilled Steak
Baked Lobster Tail
Baked Potatoes
Sautéed Mushrooms and Onions
Corn on the Cob
Green Beans
Dinner rolls

Market Dinner

Tomato Soup

BBQ Roasted Chicken
Baked Ham Macaroni and Tomatoes
Oven Roasted Garlic Red Potatoes
Lyonnaise Rice
Cream Style Corn
Mixed Vegetables
Dinner Rolls
Blueberry Cobbler

Fusion Lunch and Dinner

Meatballs
Steamed Shrimp
Alfredo Sauce
Marinara Sauce
Roasted Squash
Roasted Zucchini
Sliced Onions
Peas
Simmered Fettuccini
Boiled Bowtie Pasta
Parmesan Focaccia
Toasted Garlic Bread
Assorted Pizzas

Wednesday 30 October 11

Breakfast

Fried eggs to order, omelets to order
Scramble eggs and hard cooked eggs
Potato, Tomato and Garlic Frittata
Oatmeal and cold cereals
Sausage Patties
Oven Fried Bacon
Lyonnaise Potatoes
Creamed Beef w/ biscuits
Pancakes / Waffles

Market Lunch and Dinner

Southwest Corn Chowder
Balsamic Glazed Roasted Chicken
Chili Conquistador
Roasted Garlic Mashed Potatoes
Rice Pilaf
Chicken Gravy
Corn O'Brien
French Style Green Beans

Cheese Drop Biscuits
Cherry Cobbler

Fusion Lunch and Dinner

General Tso's Spicy Chicken with Rice
Lo Mein Vegetable with Asian sauce
Steamed Carrots
Chinese Egg Rolls
Assorted Pizzas

Menu day 18-3